

# LUNCH & DINNER



"LIVE IN THE SUNSHINE, SWIM THE SEA, DRINK THE WILD AIR"  
- RALPH WALDO EMERSON

## APPETIZERS

### STEAMERS GF

served with drawn butter  
dozen ..... 16  
two dozen ..... 28

### CLAMS CASINO (8) 16

local top necks broiled with chopped clam, onion, pepper, bacon & breadcrumbs

### BETTY'S MAC DADDY 'N CHEESE 10

Luis' creamy, dreamy mac 'n cheese  
add lobster or jumbo lump crab 18

### CALAMARI 15

with house spicy aioli

### ONION RINGS 11

with house spicy aioli

### FRIED PICKLES 9

with house spicy aioli

### SHRIMP COCKTAIL 21 GF

3 monster 6/8's served with choice of sauce

### CRAB MEAT COCKTAIL 21 GF

with choice of sauce

### U-PEEL SHRIMP GF

served with Betty's cocktail sauce  
½ lb ..... 14  
1 lb ..... 26

### #1 TUNA SASHIMI SEARED 18 GF

sesame crusted with wasabi, ginger & ponzu

### FOR "PETE'S" SAKE 18

fries with lump crab meat topped with our cheese sauce & a sprinkle of Old Bay

## NEW

### FRIED LOBSTER TAIL BITES 24

with choice of sauce

### CLAM STRIPS 11

with choice of sauce

## SALADS

### "OUTTA THE PARC" ..... 28 GF

Betty's take on the classic warm shrimp salad. 3 massive 6/8 grilled shrimps served warm with our beurre blanc sauce, with fresh greens, roasted seasoned Italian tomatoes, shaved parmesan & avocado dressed with our house-made champagne vinaigrette

### CLASSIC CAESAR ..... 12

fresh romaine with shaved parmesan & croutons, dressed in Renee Naame's iconic house-made Maloney's of Margate Caesar dressing IYKYK!

add a protein: lobster (cold or warm) mp

jumbo lump crab mp

add a blackened or grilled protein: shrimp 18

scallops 20 | tuna 19 | canadian salmon 17

add beef: filet mignon served medium 19 "new"

## BETTY'S HOUSE-MADE SAUCES

cocktail | tartar | lemon zest aioli  
spicy aioli | Thai chili

## BOXES

served with Lamb Weston fries & Betty's slaw (substitute for veggies) & choice of sauce

## HAND-BREADED IN-HOUSE

SCALLOPS U-15 ..... 29

CLAM STRIPS ..... 21

WHOLE BELLY CLAMS ..... MP

MONSTER 6/8 SHRIMP ..... 28

CRAB CAKES ..... (2) 34

FISH 'N CHIPS-BEER BATTERED COD ..... 22

## BLACKENED OR GRILLED

#1 YELLOWFIN TUNA ..... 26 GF

SHRIMP MONSTER U 6/8'S ..... 28 GF

SCALLOPS U15 ..... 29 GF

CRAB CAKES ..... (2) 34

CANADIAN SALMON ..... 24 GF

grilled, blackened or Thai chili

## GLUTEN FREE-BREADED

served with gluten free Lamb Weston fries & Betty slaw

SHRIMP ..... 30 GF

SCALLOPS ..... 31 GF

CRAB CAKES ..... (2) 36 GF

## FRY ME TO THE MOON-COMBO "NEW"

cod, u-15 scallops, monster 6/8 shrimp, crab cake

hand-breaded 44

blackened or grilled 44

gluten free breaded 48

## LETTUCE WRAPS GF

served with house-pickled veggies & lemon zest aioli

SHRIMP 28

BUTTER POACHED LOBSTER 32

SCALLOPS 29

JUMBO LUMP CRAB MP

#1 YELLOWTAIL

FILET MIGNON "NEW" 28

TUNA 26

## CHOWDAHS & SOUPS

NEW ENGLAND CLAM CHOWDAH 8

SOUP DU JOUR MP

We are a B.Y.O.B. restaurant. Please feel free to enjoy responsibly. Must be 21.

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# LUNCH & DINNER



"HEADED OUT TO WHERE THE PAVEMENT TURNS TO SAND"  
- NEIL YOUNG

## HAND HELDS (includes fries)

all served on a buttered grilled top-cut New England style roll with choice of house-made sauce

**BETTY'S LOBSTER ROLL**..... 32

Maine | chilled lobster mixed lightly with seasoned mayo  
Connecticut | warm butter-poached lobster

**BETTY'S SASQUATCH LOBSTER ROLL** .....60

Maine or Connecticut | double the meat

**WHOLE BELLY CLAM ROLL**..... MP

hand-breaded New England whole belly clams

**CLAM STRIP ROLL** ..... 18

hand-breaded clam strips

**SHRIMP ROLL**..... 22

hand-breaded, grilled or blackened colossal 6/8 shrimp

**SCALLOP ROLL**..... 23

hand-breaded, grilled or blackened large u-15 scallops

**CRAB CAKE ROLL**..... 20

hand-breaded or grilled on a grilled round potato roll

**BEER BATTERED COD**..... 17

served with lettuce & pickles on a grilled round potato roll

## SEAFOOD TOWERS GF

served with Betty's cocktail sauce, lemon zest aioli, mignonette sauce, lemon wedges

**THE TOWER**.....MP GF

6 oysters, jumbo lump crab meat, 3 colossal shrimp, tuna sashimi, 8oz lobster meat

**THE TOWER OF POWER**.....MP GF

12 oysters, 6 colossal shrimp, jumbo lump crab meat, 1lb of lobster meat, tuna sashimi

## OYSTER PLATTER GF

served with Betty's cocktail, mignonette sauce & lemon wedges | 1/2 dozen 15 | dozen 28

Cape May Salts | PEI | Oysters du Jour

## DRINKS

**AGUA FRESCA** 6

house-made blends of juice & herbs

Watermelon Basil | Strawberry Lemonade

**ASSORTED CANS**

## POKE BOWLS GF

avocado, seaweed salad, cucumber, edamame, scallion, ginger, pickled daikon, sesame seeds & rice with ponzu or Thai chili sauce on the side (no substitutions)

**RAW YELLOWFIN TUNA** 24

**SCALLOPS**  
grilled or blackened 29

**SHRIMP**  
grilled or blackened 28

**JUMBOLUMP CRAB** MP

**CANADIAN SALMON**  
grilled, blackened,  
Thai chili 24

**POACHED LOBSTER**  
MP

**CHILLED LOBSTER SALAD** MP

## NEW

## TERIYAKI BOWLS

includes rice, broccoli, carrots, onions, house-made teriyaki sauce

**FILET MIGNON** 28

**#1 YELLOWTAIL TUNA**  
grilled or blackened 26

**U15 SCALLOPS** 28

**U 6/8 SHRIMP** 27  
**CANADIAN SALMON**  
grilled, blackened, Thai  
chili 23

## ONE IF BY LAND includes fries

**DOUBLE ANGUS SMASH BURGER** ..... 15  
with grilled onion, cheese & pickle on a potato roll

**CHICKEN FINGERS**..... 13  
served with honey mustard

## KIDS MEAL 12

includes juice box & fries  
burger | chicken fingers | mac 'n cheese  
clam strips | fried shrimp

## SIDES

**LAMB WESTON FRIES** 5 GF

**BETTY SLAW** 5 GF

**CORN ON COB** 5 GF

**HOUSE PICKLED VEGGIES** 5 GF

**SAUTÉED GARLIC BROCCOLI** 6 GF

**CRISPY BRUSSELS SPROUTS** 9 GF  
served in light Thai chili glaze

## DESSERTS BY

**SWEET MELISSA GOODNESS MANAHAWKIN, NJ**

**CHOCOLATE PEANUT BUTTER PIE** 6

**FROZEN CHOCOLATE DIPPED KEY LIME PIE** 8

**ROBIN'S HOUSE-BAKED GHIRADELLI CHOCOLATE CHIP COOKIE CHIPWICH WITH BASSETS ICE CREAM** 8